



SAM YOCUM

Ask Dr. Belisa

GIVE IT TO ME STRAIGHT, DOC

Forget expressing your feelings, venting about your childhood or describing how you feel about your parents. This week Dr. Belisa cuts to the chase and gives it to you short and sweet. Brace yourself; you may not like the truth.

Q My girlfriend caught me having sex with someone else, and it was a guy. What chances do I have of convincing her I am not gay?

A None, unless she doesn't want to be convinced.

Q I think I found a liposuction scar on my girlfriend. How do I tell if it is?

A You don't.

Q I just found out my boyfriend's dog's name is his ex-girlfriend's. I am upset; should I be?

A No.

Q My best buddy just came out to me. Should I be scared he might like me?

A Not unless you are his type and gay, too.

Q My boyfriend smokes weed all day long, every day. He says it's not really drugs, it's just weed, that he's not an addict. I say he is. Who is right?

A You.

Q I hate my therapist. Do I have to go?

A If it's your therapist you hate, not therapy, then change shrinks — just like you would with a dentist you don't like.

Q My girlfriend wants to be a cop, but I never told her about my record as a felon. Is it better for me not to tell her? That way she can't get in trouble for something she never knew?

A No, you can cost her her job. Tell her now. Right now.

Q Ever since my fiance started making a lot more money, he seems to have turned into a different person. Is this possible?

A According to Henry Ford (the 1940s one), "Money doesn't change men, it merely unmask them. If a man is naturally selfish or arrogant or greedy, the money brings that out, that's all." Give thanks your fiance came into this cash now so you could see his true colors.

Dr. Belisa Vranich is a clinical psychologist and expert at the Gold's Gym Fitness Institute who specializes in health, fitness, relationships and more. Got a burning question you're too afraid to ask your friends? E-mail her at DailyNewsDoc@gmail.com.