



SAM YOCUM

Ask Dr. Belisa

DON'T JUDGE A LOVER BY HIS LOOK

DEAR DR. BELISA: Does a sexy attitude correlate with being a good lover? *Meredith, 31*

DEAR MEREDITH: I will let you in on one of the biggest secrets of all time: How sexy a guy is has little to do with how good a lover he is. Okay, I admit I cannot quote any large scientific studies. But long-term anecdotal evidence (read, the CliffsNotes of all my female patients and girlfriends) and, um, personal experience have shown me that a suave, rugged and cool demeanor, or large hands or feet have nothing, NOTHING to do with knowledge of female anatomy or motivation to please.

For decades, we've been trying to figure out ways to tell if a man is a good lover without having to commit to an entire evening of mind-numbing chit-chat. Can you get hints from his swagger, his ability to keep time on the dance floor, his love of good food?

Nope. These demonstrate only that he can walk, count to two (or four) and loves to chow. Next time you find yourself ogling the self-assured Orlando Bloom look-alike at the bar, don't brush off his quiet, less-stylish wingman who might spend more time and effort on pleasing you in the sack while Orlando is trying to catch glimpses of himself in the mirror for inspiration.

DEAR DR. BELISA: My fiancé always hangs out with random women when he goes out to clubs but claims they are friends of his single friends. Should I be concerned? *Elaine*

DEAR ELAINE: You already are concerned. I am a big believer of trusting your gut. Yours is telling you something is wrong. Don't ignore it. You don't want to turn into a jealous girlfriend (it's very time-consuming!), but at the same time he strikes me as immature. Don't set a wedding date anytime soon.

Dr. Belisa Vranich is a clinical psychologist and expert at the Gold's Gym Fitness Institute who specializes in health, fitness, relationships and more. Got a burning question you're too afraid to ask your friends? E-mail her at DailyNewsDoc@gmail.com.